

## HOPE DIGNITY AWARENESS

# Huntington's Specialists & Clinics

One way to feel more in control of the impact of Huntington's disease (HD) on your life is to take an active role in your health care. Your general practitioner (GP) will play an essential role in coordinating your HD care by liaising with your HD specialist. Medical Specialists who provide care for people with HD and their families may be either neurologists or neuropsychiatrists. You will need a referral from your GP to see a HD specialist.

## Public Clinics

State	Specialists	Clinics
VIC	Dr Dennis Velakoulis (Director of Neuropsychiatry)	<b>Royal Melbourne Hospital</b> Department of Neuropsychiatry Level 2, John Cade Building Grattan St, Parkville VIC 3052 <b>P</b> (03) 9342 8750 <b>F</b> (03) 9342 8483
	Dr Ramon Mocellin (Neuropsychiatrist)	
	Dr Mark Walterfang (Neuropsychiatrist)	
	Neurologists available by appointment	<b>Calvary Health Care Bethlehem</b> 476 Kooyong Rd, Caulfield 3162 <b>P</b> (03) 9595 3355 <b>F</b> (03) 9595 3301
NSW	Dr Clement Loy (Neurologist)	<b>Westmead Hospital - University Clinic</b> Hawkesbury Rd, Westmead NSW 2145 <b>P</b> (02) 9845 6699 (ask to speak to HD clinic social worker)
	Dr Samuel Kim (Neurologist)	
	Dr Florence Chang (Neurologist)	
QLD	Dr John O'Sullivan (Neurologist)	<b>Royal Brisbane and Women's Hospital</b> Neuroscience Unit Butterfield St, Herston QLD 4006 <b>P</b> (07) 3646 3111 <b>F</b> 1300 364 952 (fax referral)
WA	Dr Peter Panegyres (Neurologist)	<b>Graylands Hospital</b> Neuroscience Unit Mooro Dr, Mount Claremont WA 6010 <b>P</b> (08) 9347 6464 (predictive testing conducted within this clinic)
	Dr Joseph Lee (Consultant psychiatrist)	
SA & NT	<b>Flinders Medical Centre</b> SA Huntington's Disease Service Flinders Dr, Bedford Park SA 5042 <b>P</b> (08) 8204 4144 (call to make appointment or discuss referrals)	
TAS	Dr Andrew Gleason (Consultant Neuropsychiatrist) *Available at 3 monthly clinics*	<b>Huntington's Disease Service South</b> Upper Stratton Building, Repat Centre 90 Davey St, Hobart TAS 7000 <b>P</b> (03) 6165 6967 <b>F</b> (03) 6226 4426
	Consultant Psychiatrist available by appointment in all areas	<b>Huntington's Disease Service North</b> 52 Frankland St, Launceston TAS 7250 <b>P</b> (03) 6777 4985 <b>F</b> (03) 6777 4177
	Neurologists available by appointment in all areas	<b>Huntington's Disease Service NW</b> 34 Oldaker St, Devonport TAS 7310 <b>P</b> (03) 6421 7663
		<b>Parkside</b>   Strahan St, South Burnie TAS 7320 <b>P</b> (03) 6434 4007 <b>F</b> (03) 6434 4007

## What services do the specialists provide?

Services provided to people with HD and their families are:

- Diagnosis of HD, including consultation after predictive testing
- Psychosocial, psychiatric and neurological assessment
- Information and advice about HD
- Management and treatment of symptoms of HD
- Written report to client's GP

If you have yet to choose or are unsure how to select a GP and/or a Huntington's specialist, below is a checklist of questions that might assist you in this process.

### Does your GP and/or specialist:

- Put you at ease when discussing your concerns?
- Take your opinions and questions seriously?
- Answer questions to your satisfaction?
- Encourage your input into decision making and treatment?
- Encourage contact between scheduled appointments?

## Tips for making the most of doctors appointments

Once you've chosen and made an appointment with your GP and/or specialist, it is best to be prepared before attending your appointment. Below are some tips on how you can make the most of your visits.

- **Come to appointments prepared** with a list of issues/concerns you'd like addressed
- **Be prepared to answer questions honestly** about HD and its impact on your health so your treating physicians can treat you to the best of their ability.
- **Remember there is no such thing as a "stupid question"**. Don't be afraid to ask questions if you don't understand something or need further clarification.
- As appointments can sometimes cause apprehension, we would encourage you to **have a support person** (e.g. family member, partner or friend) attend the appointment with you. This person can ask questions to clarify information and help you remember what your specialist says. In Victoria, staff from Huntington's Victoria often attend clinic appointments at the client's request.

For further information or to request a staff member at your clinic appointment, please contact Huntington's Victoria.